



VILLAGE LIFE

WESTMAN VILLAGE READS // BBQ BABY BACK RIBS
// FRIENDLY FACES OF MODE // GET OUTTA HERE

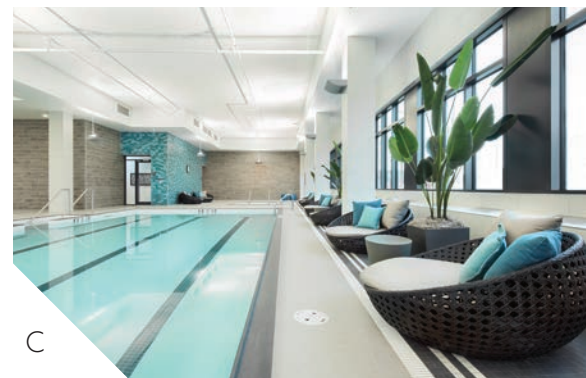
• SUMMER 2018 •



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Explore Westman Village

- A. Golf Simulator
- B. MODE Fitness Studio
- C. Saltwater Pool
- D. Wine Cellar
- E. Terrace
- F. Demo Kitchen

Proudly made by Westman Village
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 WestmanVillage.com



DEAR NEIGHBOUR,



Jay Westman
 Chairman and CEO

When we set out to create a community, we have great aspirations. Ours have never been higher than they are for Westman Village. We have raised the bar in every way. I can't tell you how excited I am to see those aspirations come to life. When I visit the Marketplace bistro in Village Centre, I feel a vibrancy I have never felt before in any of our communities and nobody has even moved in yet!

It is incredible to see our neighbours already buying into the way of life and a cool factor being created. New friendships are being formed amongst our residents. They are signing up for classes at Mode, connecting with our exceptional concierge and privacy team and looking forward to our hand-selected retailers opening soon. Just like residents, retailers are clamouring to be part of this amazing experience, but we are taking the time to ensure we get the right retailers that our residents and visitors will enjoy. This commitment to a curated experience is paying off; you can feel the buzz in the air.

What a great start, and it only gets better from here. We have a great line up of retailers signed up with more to come. Analog, Diner Deluxe and Chopped Leaf as well as an optometrist, dentist and compound pharmacy, to name a few. We are very excited to be working with a specialty food and beverage vendor we hope to announce soon. Do I have any wine lovers out there?

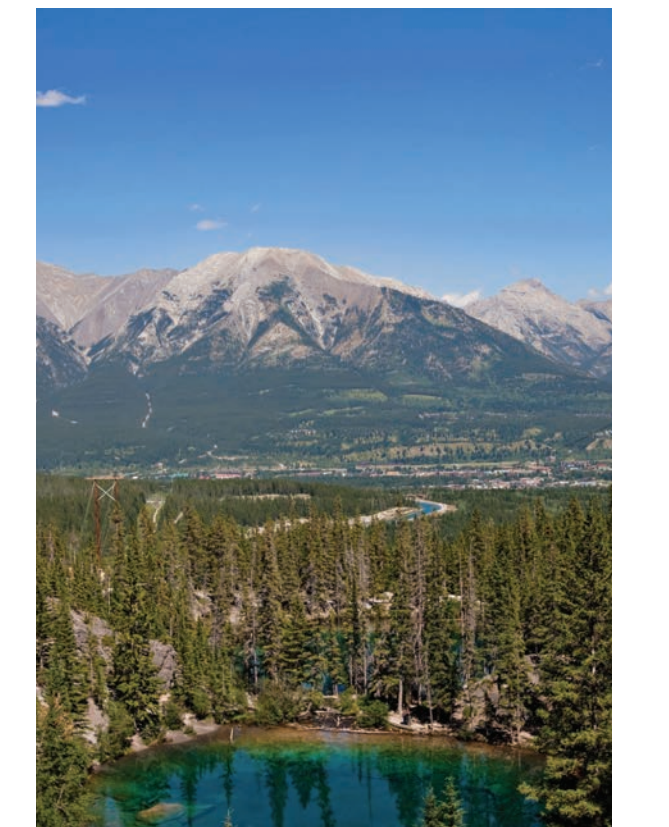
Throughout the summer, expect new show homes to open for our Lyric (now open) and Calligraphy and Reflection (this summer) offerings which will attract many more villagers for you to connect with. Westman Village is quickly becoming the place to be. Looking ahead to future phases, we are excited to have started construction on the Chairman's Steakhouse and don't get me started on the landscaping around the Village Centre. We are once again raising the bar, creating an oasis around the community.

As an early adaptor, we know you are a visionary. You can see things before they are built and have a sixth sense about things to come. Can you feel the excitement building? We hope so, and we can't wait for you to move in!

WHAT'S INSIDE

Get Outta Here!	3
Westman Village Reads	4
Meet the Friendly Faces of Mode	5
Taste of Westman Village	7
Summertime Blues No More	8
Golf the Village Open	9
Get Fit with Melanie Moss	10
Diner Deluxe	11
Telus Gigabit	12
Summertime Festivals	13





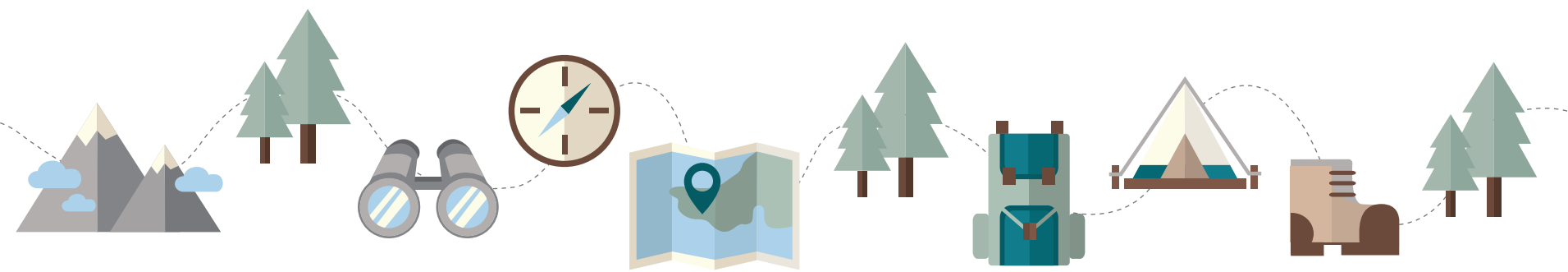
GET OUTTA HERE!

WALK AND HIKE CALGARY'S BACKYARD

List compiled from Where Locals Hike in the Canadian Rockies, a guide book focused on Kananaskis and Rocky Mountain hikes near Canmore and Calgary

ALBERTA IS BLESSED BY A UNIQUE NATIONAL WONDER ON OUR WESTERN BORDER. THE ROCKY MOUNTAINS CONTAIN AN ENDLESS BOUNTY OF RUGGED BEAUTY, AND THE JOURNEY FOR ADVENTURE AND EXPLORATION IN THAT EXPANSE CAN LAST A LIFETIME.

IF YOU DON'T HAVE A LIFETIME TO FIND EVERY CHARMING NOOK AND CRANNY OUT WEST (AND WHO DOES?) TAKE A LOOK AT OUR SHORT COMPILATION OF NOTABLE HIKES AND OUTDOOR ADVENTURES!



If you want a day in the mountains to get some fresh air while tuckering out the young ones, check out a few of these lower-intensity trails.

KID-FRIENDLY HIKES

Old Goat Glacier

The first portion of this hike, until the trail crosses the creek, is totally relaxed and manageable for those with little legs.

Elbow Lake

A lakeside campground makes longer hike adventures less troublesome, and only one steep section at the start of the hike stands between your kids and a gorgeous lake complete with mountain meadows.

Grotto Canyon

A hike through a canyon is less intense and more adventurous than a typical mountain topping ascent. Grotto Creek trickles soothingly through this canyon tucked south east of Canmore, and creates a fascinating maze of land and foliage to explore and be captivated by.

ADVENTURE HIKES

Ptarmigan Cirque

This relatively easy day hike is only 2 hours or so in length, and it can yield some stunning mountain wildflower views. It's close by, just on highway 40 in Peter Lougheed Provincial Park, but it's also not too intense. You may leave feeling tantalized rather than exhausted.

Rawson Lake and Sarrail Ridge

This two stage hike gives great options for hikers of differing energy and experience levels. The first half of your day, some 2 or 3 hours, would be spent climbing a broad, moderate mountain trail. Your reward is an isolated mountain lake skirted by a stunning circle of mountain ridges. More adventurous types can then choose to scramble up a ridge overlooking the cool mountain lake - a sight well worth the extra effort and time.

Explore your best life

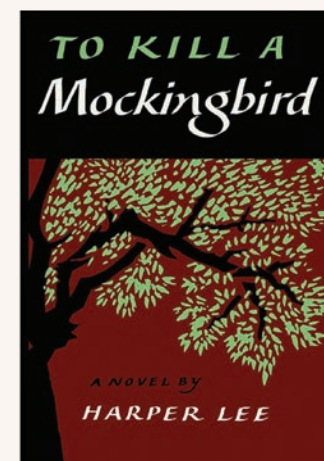
WESTMAN VILLAGE READS

TO KILL A MOCKINGBIRD

Few books can match the blend of readability, emotional connection, and cultural impact that characterizes *To Kill A Mockingbird*. The tale of a charming Southern town torn with the strife of racial inequality, first published in 1960, is emblematic of mid-20th century America, and one of only two books Harper Lee ever published in her lifetime.

Lee's role as literary changemaker seemed curiously predestined. In December 1956, friends of Lee's presented her with a Christmas gift of a full year's wages, with a note to "write whatever she pleased." That spark of generosity and understanding gave birth to a book that's been in print for 58 consecutive years, an Academy Award winning film, and a story that has shaped the lives and minds of children and adults alike the world over.

A book of such cultural impact deserves occasional re-reading, and another dive into the world of *To Kill A Mockingbird* will let you discover the relics of the past we've left behind, the charm of a bygone era, and probably a few more reminders of the present day than you bargained for. Feel your summer through the eyes of six year old Jean Louise Finch, and transport yourself to the hot, sticky Alabama August one more time.





MEET THE FRIENDLY FACES OF MODE



TASH MARSHALL BEAN

20 years leading group fitness classes has made Tash into the ultimate spin queen. Her smile is as bright as her beats are intense, and she takes pride in making her group members comfortable pushing their bodies and minds outside the comfort zone. Tash isn't content leading fit humans in her own classes, she also teaches and motivates other fitness trainers herself.

Fun fact: Tash has so much love to give, she has 5 furry friends at home! 2 dogs and 3 cats make a very warm and happy home.



MORGAN LINEHAN

The operator of MODE Fitness can't go a day without healthy movement. She knows we're meant to move and sweat, and she also knows fitness feels better with people. Morgan cherishes the unified energy a mere 45 sweaty minutes can create. One hard workout can change someone's day for the better, and to her, leading such an experience is inspirational. That inspiration has led to a decade long career as what she calls a "professional cheerleader."

Fun fact: Morgan names every inanimate object she owns. Just ask her car's name! Or her iPhone...



JESS ECCELSTONE

This fitness wizard can pump you up or slow you down, so be confident that your spin or yoga experience will be exactly the energy you need on any given day. Her gift is to tap into the energy and will of people around her, so she can tease your best out on the bike or on the mat. As a special bonus, Jess' experience as a massage therapist lends her extra strategies for muscle conditioning and relaxation.

Fun fact: If Jess could be any animal, she'd be a cheetah. Don't trust us, check out a class and see for yourself how fast she is!

"A LOT OF PEOPLE HAVE GONE FURTHER THAN THEY THOUGHT THEY COULD, BECAUSE SOMEONE ELSE THOUGHT THEY COULD."

- ZIG ZIGLAR

"CALL IT A CLAN, CALL IT A NETWORK, CALL IT A TRIBE, CALL IT A FAMILY. WHATEVER YOU CALL IT, WHOEVER YOU ARE, YOU NEED ONE."

- JANE HOWARD

"OPEN YOUR HEART, BE FEARLESS IN THE PURSUIT OF WHAT SETS YOUR SOUL ON FIRE, AND BE KIND TO THE JOURNEY THAT LIES AHEAD."

- UNKNOWN



Mode Fitness Studio is Westman Village's inclusive and fully equipped spin and yoga studio.

Every person and every body, in the Village and out, has access to all the positivity, movement and encouragement that Mode's enthusiastic team has to offer. The Mode Fitness team believes in community built on shared physical movement and face to face connection. Whether you're new to the Village, a resident, or a non-member, let us help you break the ice on the friendly faces you'll find welcoming you into Mode Fitness.



KRISTIN MASON

Kristin has the rare talent of lighting up a room no matter the time, place or situation. Even at 5:30 in the morning, she enables people to use their gifts of movement and the human body. Expect warm and quirky stories to keep your mind loose and engaged through challenging sequences. Her unique style will keep you curious for the next class' new and interesting practice.

Fun fact: Kristin cannot get enough Kraft Singles in her life.



MIA FONTAINE

Mia marries a welcoming, generous spirit with intensity and dedication. It's not just any instructor who can make you laugh in the middle of the heaviest hill climb imaginable, but that open and relaxed vibe defines Mia's full-on workout style. She loves the community group fitness can create amongst complete strangers, and her classes are as fun as they are effective.

Fun fact: Mia is the Rick Astley of popcorn - she's never gonna give it up.



AMANDA KELLY

Amanda is passionate about the power of yoga to express and feel the day to day human condition. When she comes to the mat, she will help you come undone and be whatever person you are day by day, moment by moment. Amanda enables literacy of the human body for any interested souls around her, and to that end she operates her own business training yoga instructors across North America. Many days you'll find her with golden retriever Bodhi in tow, brightening days one giant fluffball at a time.

Fun fact: On Amanda's bucket list: spend 3 months writing a novel in New York City.

"IF YOU WANT TO CONQUER FEAR, DON'T SIT AT HOME AND THINK ABOUT IT. GO OUT AND GET BUSY."

- DALE CARNEGIE

"IF YOU FIND SOMETHING VERY DIFFICULT TO ACHIEVE YOURSELF, DON'T IMAGINE IT IMPOSSIBLE - FOR ANYTHING POSSIBLE AND PROPER FOR ANOTHER PERSON CAN BE ACHIEVED AS EASILY BY YOU."

- MARCUS AURELIUS

"CHOOSE DISCOMFORT OVER RESENTMENT."

- BRENE BROWN

Shape your best life



For me, a barbeque on the back deck with family and friends is a terrific way to spend a summer evening. Let's face it, is there a better city for summertime barbeque than Calgary? This recipe for BBQ baby back ribs is wonderful as is, but I recommend taking some extra time at a lower cooking temperature to get that fall-off-the-bone tenderness. *Jon Kristjanson, Regional Director of Operations, Marquise Hospitality*

PREPARATION TIME: 45 MINS // **MARINADE TIME:** 30 MINS // **COOKING TIME:** 2 HRS // **SERVES:** 4 TO 6

Honey Mustard

- ½ Cup spicy brown mustard
- ½ Cup firmly packed dark brown sugar
- ¼ Cup honey
- ¼ Cup white wine vinegar

Brown Sugar Rub

- 1 Cup firmly packed dark brown sugar
- ½ Cup granulated garlic
- ¼ Cup Rib and Chicken BBQ Seasoning and Rub
- 2 TBSP onion salt
- 2 TBSP celery salt
- 2 TBSP freshly ground black pepper
- 2 TBSP rubbed sage
- 2 TSP dried rosemary
- 1 TSP dried thyme

- 4 racks of Baby Back Ribs
- 1 Cup Hof Brau Barbecue Sauce

1. HONEY MUSTARD: In a nonreactive bowl, whisk together the mustard, ½ cup (125 mL) brown sugar, honey and vinegar and set aside.

2. BROWN SUGAR RUB: Combine the 1 cup (250 mL) brown sugar, garlic, Rib and Chicken BBQ Seasoning and Rub, onion salt, celery salt, pepper, sage, rosemary, and thyme and mix well.

3. Work a sharp knife under the membrane on the back side of the ribs. Once you have a piece large enough, use a paper towel to get a good grip. Gently pull the membrane away from the ribs. Trim away any large pieces of fat.

4. Brush the Honey Mustard over the ribs. Rub the slathered ribs with the Brown Sugar Rub and set the ribs in a pan to sit for 30 minutes before grilling.

5. Preheat the grill to 325F (165C). Turn off the right side and set a drip pan under the grate.

6. Place the ribs in the Napoleon Rib Rack and place the rack over the drip pan (or place the ribs, bone side down, directly on the grate over the drip pan). Close the lid and cook for 1½ to 2 hours, or until bones wiggle easily when pulled. During the last 10 to 15 minutes, brush the ribs lightly with Hof Brau sauce.

Serve racks with Hof Brau Sauce on the side for dripping.



BEHOLD! The sun has returned from its yearly vacation to warm us, our families and our friends on the various patios, green spaces and mountain hikes of summer. If you feel compelled to gather your loved ones into one homey and laughter-filled place on your back deck or cottage, try a new party theme on for size.

MOVIE NIGHT

Recreate the classic charm of the drive-in movie days by curling up with friends and watching a movie on a big screen. Projection screens are in the \$75-\$125 range for rentals from one day to one week, and they're often equipped with mobile apparatus to make a pop-up event possible. Track down a projector, and have friends contribute their own seating or picnic blankets.

Pick a movie, and start finding fun ways to feed your guests. Maybe some gourmet popcorn with spices and caramel drizzle, or custom frozen treats modelled after the movie you've decided on - get creative and reflect carefree summer's warmest feelings onto your guests.

TAHITI TREAT

A tropical, island theme is your perfect excuse to experiment with fresh fruit, bright colours, and quirky music choices. There are few greater pleasures in life than kicking back on a warm evening with sweet, fruity drinks and smooth tunes laying a pleasing sonic backdrop.

Find a new fruit you've never tried (jack fruit and dragon fruit are often available at import grocery stores) and browse Spotify or iTunes for music inspired by the classics you love.

Of course, we do live in the prairies, so a shady, lush locale is a bit harder to find. If you or your friends don't have a yard with sufficient foliage or luxury to echo a proper tropical beach vibe, consider a park or event space with a river or stream in it to give your gathering that cool, refreshing feeling summer so demands.



BY THE DEPTHS OF WINTER, THOSE OF US UNLUCKY ENOUGH TO REMAIN STUCK IN ALBERTA'S WINTER MAY BE LONGING FOR THE GREEN, SUNNY EXPANSES OF FAIRWAYS NEAR AND FAR.

Golf enthusiasts who live in or visit Westman Village can keep their swings fresh and their passion stoked snow or shine by visiting the second floor party room in the core of Village Centre.

Clink some drinks and get that sunshine feeling when you visit virtual versions of the greatest golf courses on the planet, from Pebble Beach to St. Andrews. You can even get that geographically accurate heritage golf experience and roll some wet Scottish fog onto your course - cool ocean breeze not included.

The simulator itself is a room with a touch sensitive projector screen to drive, chip and putt into, a life sized, climate controlled video game. Immediately adjacent are the rest of the Westman Village party experience -- pool tables, movies and video games, and a lounge for chatting and socializing.

Jeff and Janna are two Westman Village regulars who have taken the golf simulator on with gusto. "We love getting out and staying physical through the colder months," says Janna between shots. "Even when it's warm we just like golfing here, it's really convenient and relaxing." The couple hadn't been golfing much in recent years, but the novel setting and comfortable venue have got them excited to tweak their swings and meet new people over a drink.

"We love getting out and staying physical through the colder months."

To that end, the Westman Village concierge team has a full social element to the golf simulator. Leagues and tournaments can give the simulator a fun competitive edge, and most importantly keep Westman Villagers meeting new people and making positive social connections over a casual, air conditioned round.



GET FIT WITH MELANIE MOSS



MELANIE MOSS HAS CONTRIBUTED TO HEALTH AND WELLNESS IN THE JAYMAN BUILT COMMUNITY FOR OVER A DECADE. She's been a Certified Fitness Trainer (CFT) with the International Sports Sciences Association (ISSA) since 1999.

Whether she's optimizing equipment choices for the fitness facility in Westman Village or creating personal workout plans, Melanie has the knowledge and experience to get anyone feeling fit and happy. Read some of her thoughts on workout motivation, and if you like what you read, check out her special offer to Westman Village Life readers at the end of this article.

Q: WHERE CAN PEOPLE START IF THEY ASPIRE TO IMPROVE THEIR PHYSICAL FITNESS? HOW CAN PEOPLE SET THEMSELVES UP FOR AN EXCITING AND SUCCESSFUL HEALTH JOURNEY?

Melanie: A personal program set up by a professional trainer is a great way to start. That way, when you get to the gym you know exactly what you need to do, and there is no guess work in terms of what exercises to do or what equipment to use.

Also, setting small, realistic goals to keep working towards is a great way to keep motivated because you will see progress fairly quickly.

Q: WHAT ARE SOME COMMON TROUBLE SPOTS PEOPLE MAY EXPECT TO ENCOUNTER WHEN THEY'RE STARTING TO BUILD MOMENTUM IN THEIR WORKOUT ROUTINE?

Melanie: The big issues to begin with are motivation and consistency. Working out with a friend or trainer is a great way to stay motivated. It makes the workout a more social part of your day and helps you get through tough sessions, due to the shared encouragement and effort. Not only that, but you're held accountable to show up for the workout, since you know someone is waiting for you.

The other side is consistency. Your training should feel like a natural part of your day rather than some burdensome extra commitment. If you set aside time in your day for your health, it becomes part of a daily routine. Make a plan, and you'll find that there's always enough time to get in even a short workout that will help you achieve a happier, healthier you.

Q: SOME OF US MAY FEEL LIKE WE'VE HIT A PLATEAU IN OUR WORKOUTS, LIKE WE NEED MORE OF A CHALLENGE. HOW CAN MORE EXPERIENCED FITNESS AFICIONADOS TAKE THE NEXT STEP?

Melanie: There are always changes to make in order to keep seeing positive results. Broadly, you may find some benefit from a complete change in training style, your meal plan, or your workout session frequency.

High Intensity Interval Training (HIIT) is a relatively well known technique at this point, and there is also plyometric training, resistance training, bodyweight\TRX, and more techniques or styles of training that even the fittest athlete can use to challenge themselves and keep workouts interesting and motivating. A great trainer is a valuable resource for that knowledge.

For Westman Village, and readers of Westman Village Life, Melanie Moss has a special \$10 discount available for 45 minute or 1 hour training sessions.

Inquire at m.mossfitness@gmail.com

Build your best life



DINER DELUXE: A MODERN CLASSIC IN THE VILLAGE

BEFORE RYAN TURBIDE AND VINCE WONG PURCHASED THE DINER DELUXE BRAND IN 2010, FOOD SERVICE RAN DEEP IN BOTH THEIR LIVES. RYAN STARTED FLIPPING BURGERS AND MAKING MILKSHAKES AT THE TENDER AGE OF 14, AND VINCE'S FAMILY OWNED A BOWNESS DINER FOR 20 YEARS.

NOW THAT THEY OWN AND OPERATE BOTH THE BRIDGELAND\RENFREW AND ASPEN LANDING LOCATIONS,

their passion of serving honest, filling, tasty food is fulfilled every single day. Whether in the kitchen cooking alongside the team or functioning as the face of the business for front of house duties, both owners take pride in working in the trenches along with their staff.

A social connection to Westman Village tipped them off to the unique blend of retirement, leases, active adult living, and condominiums, completed with a full service suite of amenities. It is that cross-sectional community approach that suited Diner Deluxe's broad target demographic perfectly. "Our guests are anyone from

young children and newborns to teenagers or those enjoying the Golden Years," Ryan Turbide explains. "We strive to deliver a consistent experience with great food and service in a comfortable environment."

When Diner Deluxe began in 2001, their focus on breakfast and brunch fare, locally sourced ingredients, and food made from scratch were relatively uncommon practice. Ryan and Vince have continued those priorities and maintain their practice of weekly market stops at Crossroads Market and in house preparation whenever possible.

The Westman Village location is being developed and designed by Leading Edge Developments and FRANK Architecture. Those two companies were responsible for turning a former Broken Plate location in

Aspen Landing into the thriving new Diner Deluxe location of today, and have been consistently building light, modern, inviting restaurants, cafes and fitness studios since then.

The aesthetic of the Mahogany\Westman Village Diner Deluxe location will be Retro California. Authentic breeze blocks salvaged from the Okanagan will be a unique conversation piece in addition to the mid-century modern furniture and Palm Springs colour palette. Expect an inviting, comfortable and familiar vibe in the 65 seats with take-away counter. Bring the family and share a sit down meal, or grab a Phil & Sebastian coffee to go, but whatever you try at the new Diner Deluxe, be prepared to love it.

"We strive to deliver a consistent experience with great food and service in a comfortable environment."



TELUS Gigabit: Future Proofing Westman Village

THE FUTURE IS A FUNNY THING. DISCUSSIONS OF LIFE-CHANGING TECHNOLOGIES YET TO COME CAN SOMETIMES SEEM LIKE A FAR OFF FANTASY, A REAL LIFE JETSONS SCENARIO, YET THE WORLD CONTAINS MIRACLES OF CONVENIENCE AND CONNECTIVITY THAT WOULD SEEM SPACE AGE TO MOST HUMANS IN ALL OF HISTORY. IPHONES, ELECTRIC CARS, SEMI-AUTONOMOUS ROBOTS - THESE ARE EXCITING TECHNOLOGICAL TIMES.

Here at Westman Village, we've been graced with one of the most forward thinking tech projects in Western Canada, thanks to TELUS' future-focused mandate. TELUS has rolled out Gigabit Fibre internet service for the entire Village, and even if you can't see the advantages yet, you're about to find out just how future-proof Westman Village is. We interviewed Zainul Mawji, TELUS' VP of Home Solutions and Complementary Channels to find out a little bit more.

► "What's the difference between TELUS PureFibre™ and traditional telecommunications services?"

Traditional telecommunications technology and television services have used copper wire which transmits electrical current. This is limiting because as communities connectivity needs grow, entire new sets of cable sometimes need to be installed, since copper wires can't be modified or enlarged once they're buried and installed.

Fibre internet utilizes a different technology - light. Instead of electricity in copper, signal can be transported at the speed of light through glass tubes. This method means that the "lines" which signal travels through never need to be upgraded since there is no physical component, only beams of light. Once Fibre infrastructure is installed, the only needed upgrades are on either end of the service, at the boxes and equipment that interpret the signals.

► "Why is this important or useful?"

TELUS has done all of its PureFibre customers the favour of overbuilding their infrastructure. What this means is that the connectivity potential of PureFibre is greater than the upper limits of what computers and existing internet services are capable of achieving today.

This excess capacity means that the PureFibre network will still be servicing and keeping pace with technology that doesn't even exist yet. As Zainul Mawji, TELUS' VP of Home Solutions and Complementary Channels explains:

"PureFibre gives its users confidence that they have speed, reliability and consistency in their broadband connection, that all of their devices can be supported, and that they can have multiple applications of broadband use at home simultaneously. Whether that's multiple kids watching YouTube or streaming video, or remote workplaces, or real time home security surveillance, all of those needs can be supported and facilitated by PureFibre."

► "I don't really do anything complicated with my internet, so how could I even use this high powered internet?"

The most obvious user of bandwidth at home is online streaming video. Though PureFibre does mean that Westman Village residents can get higher quality movies playing more quickly than the average traditional internet subscriber, the truth is that multiple users streaming HD video only scratches the surface of Fibre internet's potential.

TELUS refers to PureFibre internet as "future proof," and some forward thinking makes the reasons for that clear. Products like Nest and smart home devices like Amazon Echo and Google Home are the doorway into a world where home monitoring for energy consumption, security surveillance, light and temperature control, and wireless operation could happen live and in real time from next door or across the world.

Consider home medical care. With advances in mobile technology, it's not hard to imagine equipment that transmits huge amounts of

data about an individual's blood content, blood pressure, heart rate, insulin levels, or really almost any measurable factor, directly to health care providers in real time. Current internet connectivity doesn't have the capability to provide reliable and consistent data for such a purpose, but PureFibre's capacity is more than enough for such a purpose.

TELUS refers to PureFibre internet as "future proof"

Another relevant example relates to collaborative work. Complex visual work such as engineering, architecture, design, or video utilizes very large files for specific computer programs, such that collaborative work in those industries often demands hours of data transmission and conversion. With PureFibre, there is enough data being sent and received (currently 1 gigabyte can be downloaded in 10 seconds), that complicated files could be worked on remotely in real time by separate individuals in separate places.

For now, Westman Village, rest easy knowing that the connectivity you have at home is not only future-proofed, it tangibly raises the value of your home, and will keep pace with you and your family for years and years to come. So for now, keep on streaming, and get ready for the next paradigm shift in digital connection - you'll be right at the forefront when it comes.



Summer Festivals



FUN, SUN AND MUSIC ARE AN ALL TIME CLASSIC MATCH.

FESTIVALS OF ALL KINDS ARE SOME OF SUMMER'S LANDMARK MOMENTS, AND 2018 HAS SOME GREAT MOMENTS IN STORE FOR MUSIC LOVERS OF ALL STRIPES. WE'VE COMPILED SOME OF THE MOST INTERESTING AND MEMORABLE ACTS FROM TWO GREAT SOUTHERN ALBERTA MUSIC FESTIVALS - TAKE A LOOK AND START PLANNING!

CALGARY FOLK FEST PRINCE'S ISLAND PARK JULY 26-29

Calgary Folk Music Festival never fails to program diverse world class artists to take over Prince's Island Park every July. Their tendency to sprinkle cutting-edge electronic and hip hop acts helps maintain excitement, and the core of expressive folk artists provides meaningful and accessible musical experiences for all ages.

REUBEN AND THE DARK

Hometown boy Reuben Bullock took alternative radio by storm with "Rolling Stone" from debut album Funeral Sky. The Dark brought the rollicking vocalist's songs to vivid, powerful life in 2013, and the band has been touring North America ever since. Their tunes run the gamut from emotional balladry to driving indie rock, and the added excitement of a return to roost in Calgary will make this set unforgettable.

NEKO CASE

She is one of the first ladies of folk and country, and her take on North America's sound is far from typical. Once she moved to Vancouver in 1994, her career's slow and steady climb took off when she helped The New Pornographers become Canadian independent darlings. Folk and country sounds always remained at her personal core, and recently culminated in work with a true folk supergroup. case\lang\veirs is a powerful collaborative effort between Case, K.D. Lang, and indie songstress Laura Veirs.

BIG VALLEY JAMBOREE CAMROSE, ALBERTA AUGUST 2-5

This country focused weekend is a bit off the beaten path, but the laid back locale of Camrose has given birth to a country music staple that's been voted 5 times as CCMA Country Music Event of the year. Their lineup says it all: a blend of classic, genre-defining acts like Alabama, and fresh faces taking country radio by storm like Florida Georgia Line. Have a look and see who else is at BVJ, then book a room and get your party hat on.

PAUL BRANDT

The Calgary native has won dozens of awards and countless spins on country radio in his 22 year career. Doubtless the hometown hero Albertan will have one of the most enthusiastic crowds of the weekend, so join in the fun and sing along to "I Do" in the depths of the summer sun in genuine cowboy country.

GEORGE CANYON

You'll have to forgive us for picking another Alberta resident from the BVJ lineup, but George Canyon's status as humble superstar begs a bit of extra focus. The Maritimer turned reality TV winner turned long-time country radio staple has ingrained himself into Alberta's culture deeply enough that he makes the trek from his farm west of Calgary to sing the anthem for the Flames - he may be from out East, but to Albertans he's become one of us.

FOR TICKETS AND MORE INFO ON CALGARY FOLK MUSIC FESTIVAL, VISIT CALGARYFOLKFEST.COM

FOR TICKETS AND MORE INFO ON BIG VALLEY JAMBOREE, VISIT BIGVALLEYJAMBOREE.COM



VILLAGE LIFE

WE DON'T LIVE DIVIDED – WE LIVE TOGETHER. AND LIFE DOESN'T HAPPEN BEHIND CLOSED DOORS. // WE WANT TO FORGET ABOUT DIVISIONS AND START TALKING ABOUT UNITY. AND ABOUT COMMUNITY. ABOUT WHAT HAPPENS WHEN WE OPEN OUR DOORS AND LOOK AROUND. // WHEN PROXIMITY MAKES ALL THINGS POSSIBLE AND A REVOLUTIONARY MIX OF PRODUCTS ALLOWS YOUTH TO MINGLE WITH EXPERIENCE, INDIVIDUALITY TO HARMONIZE WITH FAMILY AND DISCOVERY TO FUSE WITH TRADITION. IN A PLACE WHERE HAND-SELECTED RETAIL SUPPORTS THE COMMUNITY AND EXTRAORDINARY AMENITIES KEEP IT MOVING FORWARD, ALWAYS OFFERING MORE. // WESTMAN VILLAGE IS ABOUT GETTING MORE OUT YOUR DOOR. BECAUSE WHEN YOU HAVE MORE, YOU CAN BE MORE. MORE INSPIRED, MORE PASSIONATE, MORE PRODUCTIVE, MORE ALIVE AND MORE CONNECTED TO WHAT MATTERS. THEY SAY IT TAKES A VILLAGE. AND WE COULDN'T AGREE MORE.

IT TAKES A VILLAGE TO RAISE A COMMUNITY.

Discover how to live your best life at Westman Village's resort-style community.

Westman Village | 1955 Mahogany Boulevard SE | Ph: 587-350-0237 | [WestmanVillage.com](https://www.WestmanVillage.com)