

JOURNEY CLUB - HEALTH

The services below can be offered using any of these three delivery methods:



Safety:

Your safety is important. Depending on your needs and preferences, we can tailor a plan that incorporates some or all the safety services available at Journey Club, such as morning and evening assistance, nurse call, fall monitoring and late night checks.

- Morning/evening checks, nurse call, Emergency Response, fall monitoring

Health Care Companion Services:

Life can be a little easier with a health care companion at your side. We offer companion services for all your health care needs. From medication reminders to respite support and everything in between, our companions are there for you when you need them.

- Respite, palliative, night, hospital to home, doctors' appointments

Health Support - Basic:

Do you need help with putting on pressure stockings or want to be accompanied to a recreation program? Choose from a wide-array of personalized health services to meet your basic health care needs.

- Stockings, portering, tray delivery, weights, catheter care, mobility transfer, orthotic appliance support

Health Support - Advanced:

Be assured that whatever your health care needs, we will take good care of you. Our advanced health support services can help you manage your blood pressure, diabetes or chronic illness.

- Vitals, diabetic support (check blood sugar), catheter change

Medication Support:

Our team of nurses, physicians and pharmacists can provide you with complete services and management of your medications.

- Ear & eye drops, injections, pills, inhalers, ointments

Wound Care:

From simple scrapes and bumps to post-surgery wounds, our trained wound care nurses can help you with dressing changes and regular wound monitoring.

- Dressing changes, cleaning wound, daily monitoring, suture/staple removal

Personal Care:

Need assistance in the morning or evening? Take advantage of our Good Start and Tuck-In service. Want to always look your best? Ask about our daily grooming support.

- Grooming support, oral care, dressing assistance, bathing assistance, makeup application, hair care, daily check-ins, toileting/incontinence care

Homemaking:

Taking care of your home can be easier with our homemaking services. We can help you prepare meals, wash dishes, fold laundry or do your grocery shopping.

- Making the bed, light housekeeping, laundry, plant care

Memory Care Services:

Our memory care companions are specially trained to support individuals with mild dementia or cognitive impairment. Our team of caring professionals provide medication reminders, redirection and assistance with daily living tasks.

- Memory care companion support, reminders & queueing, assistance with daily living tasks

Health & Wellness Assessments:

Our menu of health and wellness assessments are available to everyone and can be done in the privacy of your own home. From health to recreation, there's an assessment that's suitable for every need.

- Basic (head-to-toe), intermediate (includes geriatric depression scale, MMSE, FRAC, BRADEN), advanced (includes 7 dimensions of wellness, nutrition), home safety assessment, pain assessment, post-fall assessment, post-hospitalization



Health Steps 1, 2, 3

Bundled plans for regular daily care and memory care.

Step 1: ENHANCED INDEPENDENT LIVING

LEVEL 1

ESSENTIALS

- Able to live independently
- Able to move independently
- Medically stable
- Minimal health care needs that require nursing support

LEVEL 2

TRANSITIONS

- Able to live independently
- Able to move independently
- Medically stable
- Mild health care needs that require nursing support

LEVEL 3

COMPLETE

- Able to live independently
- May have some physical support needs
- Medically stable
- Moderate health care needs that require nursing support and LPN (Licensed Practical Nurse) intervention but are predictable and safely managed

Step 2: PRIVATE ASSISTED LIVING

LEVEL 1

ESSENTIALS

- Finds it challenging to live independently
- May be living with a mild physical disability and/or mental health diagnosis and/or mild dementia with no known risk of wandering, and who are not a risk to self or others
- May require mobility assistance from 1 person
- Experiencing regular care needs that require nursing intervention 24 hours a day, 7 days a week
- Able to use the nurse call system

LEVEL 2

TRANSITIONS

- Finds it challenging to live independently
- May be living with a moderate physical disability and/or mental health diagnosis and/or mild dementia with no known risk of wandering, and who are not a risk to self or others
- Requires regular mobility assistance from 1 person
- Experiencing more frequent care needs that require nursing intervention 24 hours a day, 7 days a week
- Able to use the nurse call system

Step 2: PRIVATE ASSISTED LIVING

LEVEL 3

COMPLETE

- Finds it challenging to live independently
- May be living with a moderate to complex physical disability and/or mental health diagnosis and/or mild dementia with no known risk of wandering, and who are not a risk to self or others
- Requires regular mobility assistance from 1-2 persons
- Experiencing complex care needs that require nursing intervention 24 hours a day, 7 days a week
- May require chronic disease management
- May not be able to use the nurse call system
- May require the following types of assistance with daily living:
 - Complete meal assistance including tube feeds
 - Mechanical lift transfers
 - Two person transfers
 - Medication administration
 - Complex wound care

Step 3: MEMORY CARE

LEVEL 1

ESSENTIALS

- Can live independently but needs the support of spouse or live-in family member
- Diagnosed with mild dementia or cognitive impairment
- Not a safety concern
- Needs cueing and reminders, encouragement and support with independence due to confusion
- Requires no to minimal assistance with mobility
- Minimal health care needs that require nursing support
- Able to use the nurse call system with assistance

LEVEL 2

TRANSITIONS

- Can live independently but needs the support of spouse or live-in family member
- Diagnosed with mild to moderate dementia or cognitive impairment
- Not a safety concern
- May occasionally wander but reorients with redirection
- Needs regular cueing and reminders, encouragement and support with independence due to increasing confusion
- Requires no to minimal assistance with mobility
- Mild health care needs that require nursing support
- Not able to use the nurse call system

Step 3: MEMORY CARE

LEVEL 3

COMPLETE

- Cannot live safely in an unsecured environment
- Diagnosed with moderate to advanced dementia or cognitive impairment
- Is a safety concern
- Wanders
- Needs frequent cueing and reminders, encouragement and support with independence due to regular confusion
- Requires no to minimal assistance with mobility
- Mild to moderate health care needs that require nursing support
- Not able to use the nurse call system

BUTTERFLY PROGRAM

The butterfly inspired program at Journey Club emphasizes quality of life as the cornerstone of memory care. Offering a truly person centered program where we recognize that people living with dementia or cognitive impairment have stories to share, uniqueness to express and meaningful moments to experience.

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